

ZENJA

WEEKEND MENU

HEALTHY EATING

FRUIT BRUSCHETTA QUINOA & SOYBEAN TOAST W FRESH SEASONAL FRUIT, RICOTTA CHEESE & CARAMELISED WALNUTS W HONEY DRIZZLE \$16.90

GRILLED HALLOUMI SALAD GRILLED HALLOUMI, GRILLED CHICKEN BREAST, MESCLUN, TOMATO, CUCUMBER & SPANISH ONION W LEMON VINAIGRETTE \$18.90

QUINOA BEEF SALAD GRILLED RIB EYE, QUINOA, MESCLUN, COS LETTUCE, SPANISH ONION, TOMATO, CUCUMBER W BALSAMIC INFUSION \$18.90

GREEN EGGS SCRAMBLED EGGS W PESTO & FETTA, SERVED W AVOCADO, BROCCOLI, ASPARAGUS & BABY SPINACH W QUINOA & SOYBEAN TOAST \$18.90

CORN FRITTERS 2 CORN FRITTERS SERVED W 2 FRIED OR 2 POACHED EGGS, CRISPY BACON, ASPARAGUS, BABY SPINACH, TOMATO & AVOCADO SALSA W TOASTED SOURDOUGH \$18.90

VEGETARIAN BREAKFAST 3 POACHED EGGS SERVED W, AVOCADO, BAKED BEANS, GRILLED TOMATO, GRILLED MUSHROOMS & BABY SPINACH W QUINOA & SOYBEAN TOAST \$18.90 ADD GRILLED HALLOUMI \$21.90

GRILLED VEGETABLE WRAP BABY SPINACH, GRILLED EGGPLANT, GRILLED ZUCCHINI & ROASTED CAPSICUM W ZENJA'S BALSAMIC REDUCTION, SERVED W GRILLED HALLOUMI & SALAD \$18.90

EGG WHITE OMELETTE W SAUTÉED SPANISH ONION, TOMATO, MUSHROOM, CAPSICUM & BABY SPINACH, SERVED W TOASTED SOURDOUGH \$20.90

WELL BALANCED TENDER GRILLED CHICKEN BREAST FILLETS SERVED W STEAMED VEGETABLES ON A BED OF JASMINE RICE \$18.90

ESSENTIAL NUTRITION GRILLED DORY FILLETS SERVED W LIGHTLY DRESSED MIXED YOUNG LEAF SALAD & STEAMED JASMINE RICE \$18.90

FRENCH TOAST WHITE BREAD SOAKED IN BEATEN EGGS & THEN GRILLED, SERVED W CRISPY BACON, GRILLED TOMATO & MAPLE SYRUP \$14.90

BREAKFAST OF SUBSTANCE

EGGS (3) W TOAST \$10.90

(FRIED, SCRAMBLED, POACHED OR HARD BOILED)

(SOURDOUGH, TURKISH, QUINOA, GLUTEN FREE, RYE, WHITE OR BROWN)

SIDES FOR EGGS W TOAST

HALLOUMI (GRILLED)	\$3.50	EXTRA 2 EGGS	\$4.00
HASH BROWNS (2)	\$3.50	AVOCADO	\$4.00
BAKED BEANS	\$3.50	DOUBLE SMOKED LEG HAM	\$5.00
GRILLED TOMATO	\$3.50	BACON	\$5.00
RICOTTA	\$3.50	SMOKED SALMON	\$5.00
MUSHROOMS	\$3.50	ITALIAN SAUSAGES	\$5.00
PINEAPPLE	\$3.50	PORTUGUESE CHORIZO	\$5.00
BEETROOT	\$3.50	CEVAPI SAUSAGES	\$5.00
WILTED BABY SPINACH	\$3.50	GRILLED CHICKEN BREAST	\$5.00

BIG BREAKFAST 3 SUNNY SIDE UP EGGS SERVED W CRISPY BACON, ITALIAN PORK & FENNEL SAUSAGES, GRILLED TOMATO, GRILLED MUSHROOMS & BABY SPINACH W TOASTED SOURDOUGH \$18.90 ADD HASH BROWNS \$21.90

FRIED CHILLI EGGS 3 SUNNY SIDE UP EGGS PAN FRIED IN ZENJA'S OWN CHILLI SAUCE, SERVED W CRISPY BACON, GRILLED TOMATO, GRILLED MUSHROOMS & BABY SPINACH W TOASTED SOURDOUGH \$18.90

EGGS BENEDICT 3 POACHED EGGS SERVED W HOLLANDAISE SAUCE ON TOASTED TURKISH & BABY SPINACH W A CHOICE OF DANISH SMOKED SALMON OR DOUBLE SMOKED HAM OR BACON & MUSHROOMS \$17.90

ASIAN BREAKFAST 3 SUNNY SIDE UP EGGS PAN FRIED IN ZENJA'S CHILLI SAUCE W GRILLED CHORIZO SAUSAGE & CRISPY BACON, ALL SERVED ON A BED OF JASMINE RICE \$18.90

CHORIZO SAUSAGE OMELETTE W TOMATO, SPRING ONION, MOZZARELLA & GRANA PADANO, SERVED W TOASTED SOURDOUGH \$18.90

ASPARAGUS OMELETTE W MUSHROOMS, SPANISH ONION, MOZZARELLA & GRANA PADANO, SERVED W TOASTED SOURDOUGH \$18.90

BACON OMELETTE W MUSHROOMS, SPANISH ONION, MOZZARELLA & GRANA PADANO, SERVED W TOASTED SOURDOUGH \$18.90

PORK & FENNEL SAUSAGES 4 GRILLED ITALIAN PORK & FENNEL SAUSAGES, SERVED W CREAMY MASHED POTATO, PEAS & ZENJA'S GRAVY \$18.90

SOMETHING SWEET

SWEET FRENCH TOAST WHITE BREAD SOAKED IN BEATEN EGGS & THEN GRILLED, SERVED W BLUEBERRY & RASPBERRY COMPOTE, FRESH STRAWBERRIES & VANILLA ICE CREAM \$14.90

RICOTTA PANCAKES SERVED W BUTTERSCOTCH SAUCE & YOUR CHOICE OF EITHER CARAMELIZED BANANA OR FRESH STRAWBERRIES \$16.90

FRENCH CREPES SERVED W YOUR CHOICE OF BELGIAN CHOCOLATE SAUCE & FRESH STRAWBERRIES OR LISBON LEMON SAUCE \$14.90

BIRCHER MUESLI A FRESH COMBINATION OF HONEY, LOW FAT YOGHURT, FRESH STRAWBERRIES & BIRCHER MUESLI \$14.90

BURGERS/WRAPS/SALADS

GRILLED CHICKEN WRAP GRILLED CHICKEN BREAST, LETTUCE, MAYO & ROASTED CAPSICUM W ZENJA'S CHILLI SAUCE, SERVED W SALAD & CHIPS \$16.90

CHICKEN SCHNITZEL WRAP CHICKEN BREAST SCHNITZEL, LETTUCE, MAYO & AVOCADO, SERVED W SALAD & CHIPS \$16.90

CHICKEN CAESAR SALAD TENDER MARINATED GRILLED CHICKEN BREAST, CRISPY BACON, COS LETTUCE, SHAVED GRANA PADANO, BOILED EGG & CROUTONS, MIXED W ZENJA'S CAESAR DRESSING \$16.90

CHICKEN AVOCADO SALAD GRILLED CHICKEN BREAST, AVOCADO, TOMATO, SPANISH ONION, CUCUMBER & MESCLUN COMBINED W ZENJA'S LEMON VINAIGRETTE \$16.90

GRILLED VEGETARIAN BURGER GRILLED HALLOUMI, GRILLED EGGPLANT, ROAST CAPSICUM, GRILLED ZUCCHINI & ROQUETTE, DRIZZLED W BALSAMIC REDUCTION ON A TOASTED BRIOCHE, SERVED W SALAD & CHIPS \$16.90

STEAK SANDWICH GRAIN FED BEEF AGED FILLET, LETTUCE, TOMATO, BBQ SAUCE, MAYO & MOZZARELLA ON A FRESHLY TOASTED BRIOCHE, SERVED W SALAD & CHIPS \$16.90

GRILLED CHICKEN BURGER GRILLED CHICKEN BREAST, MOZZARELLA, LETTUCE, TOMATO W ZENJA'S CHILLI SAUCE ON A FRESHLY TOASTED BRIOCHE, SERVED W SALAD & CHIPS \$16.90

CHICKEN SCHNITZEL BURGER DRY CRUMBED CHICKEN BREAST, AVOCADO, LETTUCE MAYO & MOZZARELLA ON A FRESHLY TOASTED BRIOCHE, SERVED W SALAD & CHIPS \$16.90

DORY FILLET BURGER CRUSTED FILLET OF DORY, MIXED YOUNG LEAF LETTUCE, MOZZARELLA & ZENJA'S CREAMY TARTAR SAUCE ON A FRESHLY TOASTED BRIOCHE, SERVED W SALAD & CHIPS \$16.90

BEEF BURGER 300G OF LEAN BEEF, LETTUCE, TOMATO, GRILLED ONIONS, MAYO, TOMATO SAUCE, AMERICAN MUSTARD & MOZZARELLA ON A FRESHLY TOASTED BRIOCHE, SERVED W CHIPS \$16.90

FRIED CHICKEN BURGER SOUTHERN STYLE FRIED CHICKEN BREAST, BACON, AVOCADO, LETTUCE, MOZZARELLA & ZENJA'S CHILLI MAYO ON A FRESHLY TOASTED BRIOCHE, SERVED W CHIPS \$18.90

AUSSIE BEEF BURGER 300G OF LEAN BEEF, BACON, LETTUCE, FRIED EGG, BEETROOT, TOMATO, GRILLED ONIONS, MAYO, BBQ SAUCE & MOZZARELLA ON A FRESHLY TOASTED BRIOCHE, SERVED W CHIPS \$18.90

HAWAIIAN BEEF BURGER 300G OF LEAN BEEF, PINEAPPLE, LETTUCE, TOMATO, GRILLED ONIONS, MAYO, TOMATO SAUCE, AMERICAN MUSTARD & MOZZARELLA ON A FRESHLY TOASTED BRIOCHE, SERVED W CHIPS \$18.90

SURF & TURF

SALT & PEPPER SQUID TENDER SQUID TOSSED IN OUR OWN SPICES & SERVED W ZENJA'S SWEET CHILLI SAUCE \$16.90

FISH & CHIPS BATTERED DORY FILLETS SERVED W CHIPS & ZENJA'S TARTAR SAUCE \$16.90

RIB-EYE STEAK 320G OF GRAIN FED AGED BEEF, COOKED THE WAY YOU LIKE, SERVED W ZENJA'S LEMON VINAIGRETTE MIXED YOUNG LEAF SALAD & CHIPS, & ZENJA'S MUSHROOM SAUCE \$27.90

PASTA/RISOTTO

CREAMY CHICKEN RISOTTO PAN SEARED CHICKEN BREAST FILLET, TOPPED W ASPARAGUS, MUSHROOMS & GRANA PADANO, & ENSCONCED IN ZENJA'S CREAMY WHITE WINE SAUCE \$18.90

SPINACH & MUSHROOM RISOTTO LIGHTLY PAN SEARED MUSHROOMS, FRESH BABY SPINACH & GRANA PADANO, COMBINED W ZENJA'S CLASSIC NAPOLETANA SAUCE \$18.90

TIGER PRAWN RISOTTO TIGER PRAWNS, SAUTÉED W MUSHROOMS, SERVED W ZENJA'S TOMATO BASED STOCK INCORPORATING ROQUETTE, GRANA PADANO & SHALLOTS \$18.90

NAPOLETANA CLASSICAL ITALIAN TOMATO BASED SAUCE W BASIL \$16.90

PESTO A TRADITIONAL ITALIAN CREAMY BASIL SAUCE (CONTAINS NUTS) \$16.90

BOLOGNAISE A HEARTY RICH TOMATO BASED SAUCE COMBINING LEAN MINCED BEEF, GARDEN FRESH BASIL, GARLIC, ONION & FRESH HERBS \$16.90

ARRABBIATA SICILIAN BORN, ZENJA PERFECTED CLASSIC TOMATO BASED SAUCE RICH W GARDEN FRESH BASIL AND RED CHILLIES \$16.90

BOSCAIOLA CLASSIC ITALIAN CENTRAL REGION CREAMY SAUCE, FLAVOURED W SAUTÉED BACON AND PAN FRIED MUSHROOMS \$16.90

VERONA A RICH CREAMY NAPOLETANA SAUCE HAILING FROM THE NORTHERN PROVINCE OF ITALY, SEASONED W OLIVES & ANCHOVIES \$16.90

ALL SAUCES SERVED W YOUR CHOICE OF EITHER, PENNE RIGATE, FETTUCINE, TORTELLINI OR SPAGHETTI (ALL PASTA ARE IMPORTED ITALIAN GRANO DURO)

TIGER PRAWN SPAGHETTI PAN SEARED TIGER PRAWNS IN ZENJA'S CREAMY ARRABBIATA SAUCE \$18.90

SEAFOOD SPAGHETTI PRAWNS, DORY & SQUID SAUTÉED IN ZENJA'S PESTO, CHILLI & VIRGIN OLIVE OIL SAUCE, & DRESSED ON A BED OF ROQUETTE \$18.90

ADDITIONS

HALLOUMI (GRILLED)	\$3.50	EXTRA 2 EGGS	\$4.00
HASH BROWNS (2)	\$3.50	AVOCADO	\$4.00
BAKED BEANS	\$3.50	DOUBLE SMOKED LEG HAM	\$5.00
GRILLED TOMATO	\$3.50	BACON	\$5.00
RICOTTA	\$3.50	SMOKED SALMON	\$5.00
MUSHROOMS	\$3.50	ITALIAN SAUSAGES	\$5.00
PINEAPPLE	\$3.50	PORTUGUESE CHORIZO	\$5.00
BEETROOT	\$3.50	CEVAPI SAUSAGES	\$5.00
WILTED BABY SPINACH	\$3.50	GRILLED CHICKEN BREAST	\$5.00
		VANILLA ICE CREAM	\$4.50

SIDES

STEAMED VEGETABLES	\$8.50	SWEET POTATO CHIPS	\$9.50
GARLIC BREAD	\$5.50	MUSHROOM SAUCE	\$5.00
ITALIAN HERB BREAD	\$5.50	PEPPER SAUCE	\$5.00
CHIPS	\$5.50	GRAVY	\$3.50

SMOOTHIES

- WAKE UP CALL** BANANA, STRAWBERRY SORBET, HONEY, MUESLI & MILK \$6.50
- AFTERNOON BOOST** APPLE, BANANA, MANGO SORBET & STRAWBERRY SORBET \$6.50
- POWER** APPLE, WATERMELON, MANGO SORBET & STRAWBERRY SORBET \$6.50
- DAILY** PINEAPPLE, ORANGE, APPLE, BANANA, MANGO & STRAWBERRY SORBET \$6.50
- BANANA SMOOTHIE** BANANA, HONEY, ICE CREAM & MILK \$6.50
- PROTEIN SMOOTHIES** BANANA OR CHOCOLATE \$6.50

FRESH JUICES

- REV ME UP** ORANGE, CARROT, BEETROOT & BASIL \$6.50
- CHILL ME OUT** WATERMELON, APPLE, CELERY & MINT \$6.50
- FLU FIGHTER** PINEAPPLE, ORANGE, APPLE & GINGER \$6.50
- GET OVER IT** CARROT, ORANGE, APPLE AND CORIANDER \$6.50

BEVERAGES

- COKE, ZERO, DIET, SPRITE, FANTA, LIFT, CASCADE, DEEPSRING \$4.00
OVI, OH!, MAXIMUS, V \$4.50
SPARKLING & STILL MINERAL WATER \$5.50
- ZENJA'S UNIQUE BLEND OF VITTORIA'S ORO (GOLD) COFFEE**
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| RISTRETTO | \$3.50 | CAPPUCCINO | \$3.50 |
| ESPRESSO | \$3.50 | LONG BLACK | \$3.50 |
| MACCHIATO | \$3.50 | MOCHA | \$4.50 |
| PICCOLO LATTE | \$3.50 | HOT CHOCOLATE | \$4.50 |
| FLAT WHITE | \$3.50 | CHAI LATTE | \$4.50 |
| CAFE LATTE | \$3.50 | DIRTY CHAI LATTE | \$4.50 |
| SOY, ALMOND MILK, DECAF, SYRUPS & MUGS | | ADD | \$1.00 |
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| ENGLISH BREAKFAST TEA | \$4.50 | PEPPERMINT TEA | \$4.50 |
| EARL GREY TEA | \$4.50 | CAMOMILE TEA | \$4.50 |
| GREEN TEA | \$4.50 | LEMON & GINGER TEA | \$4.50 |
| DARJEELING TEA | \$4.50 | | |
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| ICED COFFEE | \$6.50 | CHOCOLATE MILKSHAKE | \$6.50 |
| ICED LONG BLACK | \$6.50 | VANILLA MILKSHAKE | \$6.50 |
| ICED LATTE | \$6.50 | STRAWBERRY MILKSHAKE | \$6.50 |
| AFFOGATO | \$6.50 | BANANA MILKSHAKE | \$6.50 |
| ICED MOCHA | \$6.50 | CARAMEL MILKSHAKE | \$6.50 |